

# Jesus Said... "Sin no more..."

against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand. Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness; and your feet shod with the preparation of the Gospel of peace; above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. And take the helmet of salvation, and the sword of the Spirit, which is the Word of God; praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints."

If we do this, we will keep from practicing sin. "Blessed are they that do His commandments, that they may have right to the tree of life, and may enter in through the gates into the city" (Rev. 22:14). For further study, see Eph. 4:17-32.

If you have any questions, or if you need any Gospel help, feel free to contact the person whose name appears below.

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Jesus came to relieve suffering. He came to the earth as the Great Physician to heal those who were not only sick in their bodies, but who were also sick in their spirit. Jesus said that He came to seek and to save mankind who was lost from Him. He also said that He did not come to heal those who were well, but to help those who are sick (physically and spiritually). (Luke 5:31.)

The Bible tells us that those who are not in a right relationship with God are more seriously sick than those who are sick in their bodies.

Jesus healed a man who had been a cripple. He had not been able to walk and had suffered for 38 years. Jesus saw him later in the temple and went to him. Jesus spoke to him, saying, "Sin no more, lest a worse thing come unto thee" (John 5:14). In saying this, Jesus was telling him that the suffering he had experienced came as a result of sin. When we sin, our physical and spiritual natures suffer.

Jesus said, "Sin no more." How can this be possible? Can we keep from sinning? Yes, we

toward God and His plan for our lives. We will also love our families and friends, wanting them to be-

come saved too.

After we become Christians, we must be faithful to God's Word. Jesus said, "If ye continue in my word, then are ye my disciples, indeed; and ye shall know the truth and the truth shall make you free" (John 8:31, 32). Free from what? We will be free from the bondage of a sinful life. We will live above sin. We can have victory, knowing we are in right standing before God.

But we must want to "sin no more." We must be sincere and mean business with God. We must make our calling and election sure (II Peter 1:10). Jesus said, "Not everyone that saith unto me, Lord, Lord, shall enter into the kingdom of heaven; but he that doeth the will of my Father which is heaven" (Matt. 7:21).

We must "sin no more, lest a worse thing come on us." If we fall into sin again, the devil makes it very hard for us to come back to the Lord Jesus. Be assured, God will always welcome us back. "If we confess our sins, He is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness" (I John 1:9). The key here is that WE must acknowledge our sin and WANT to be forgiven. "Wherefore we labour, that, whether present or absent, we may be accepted of Him. For we must all appear before the judgment seat of Christ; that every one may receive the things done in his body according to that he hath done, whether it be good or bad" (II Cor. 5:9, 10). "Sin no more, lest a worse thing come unto thee."

God has done all He can to keep us from sin. He sent Jesus as a sacrifice for our sins; He sent the Holy Spirit to work in us. We must do our part so that we may keep away from sin. The Apostle Paul says, in Eph. 6:10-18: "Finally, my brethren, be strong in the Lord, and in the power of His might. Put on the whole armour of God that ye may be able to stand against the wiles of the devil. For we wrestle not against flesh and blood, but